

Najath College of Science and Technology- Karuvarakundu

National Service Scheme Unit No. 210

REPORT ON THE NCD (NON-COMMUNICABLE DISEASES) CAMP

Organized by: NSS Unit No.210

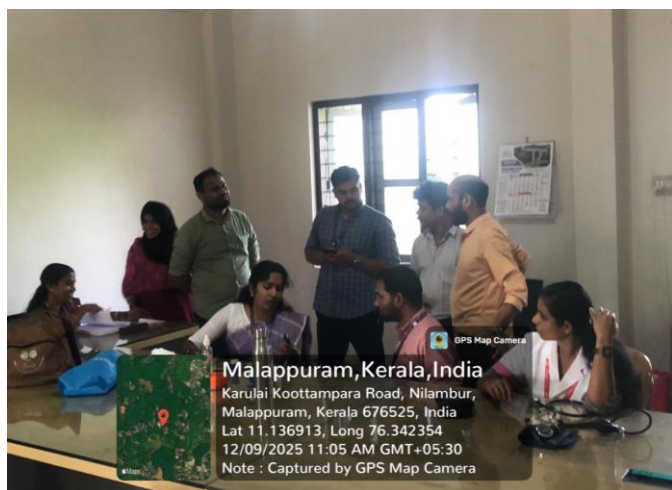
Date and Venue: 09/12/2025 Tuesday at College seminar hall.



The NSS Unit No. 210 of Najath College of Science and Technology, Karuvarakundu, organized an NCD (Non-Communicable Diseases) Camp on 09/12/2025 (Tuesday) at the college seminar hall. The event was conducted with the objective of creating awareness about non-communicable diseases and providing basic health screening for the college community.

10:00 a.m- Screening:





The program commenced at 10:00 a.m. with the screening of blood pressure and blood sugar levels for all participants, including teaching and non-teaching staff, as well as NSS volunteers. The screening session continued until 12:30 p.m., ensuring that every attendee received proper assessment and guidance.

12:30 p.m- Awareness class:



Following the screening, an awareness class was conducted from 12:30 p.m. to 1:30 p.m. by Ms. Sunumol, Junior Health Inspector, Karuvarakundu. She delivered an informative session supported by a PPT presentation, focusing on the causes, prevention, and management of major non-communicable diseases such as hypertension, diabetes, and cardiovascular disorders. Her session emphasized the importance of lifestyle modification, early detection, and regular health check-ups.

The program began with a warm welcome address delivered by Mr. Haneefa MK (Programme Officer). The event concluded with a vote of thanks by Muhammed Navas KK (Secretary), who expressed gratitude to the resource persons, participants, and organizers for their cooperation and support.

The NCD camp proved to be highly beneficial, promoting greater health awareness and encouraging the college community to adopt healthier habits.

The event was coordinated by Mr. Haneefa MK (Programme Officer), Muhammed Navas KK, Binshiya Beegam (Secretary), and Al Ameen TH (Coordinator) along with Accredited Social Health Activist (ASHA) team.

Thankyou..